

ORAL HEALTH WORKSHOP & DROP IN

Find out about the importance of good oral health
and how to develop healthy habits.



Monday 21 October



11am to 1pm



**Bromley United Reformed Church,
20 Widmore Road, Bromley, BR1 1RY**

We will be joined by Senior Dental Nurse, Louise Martin, to discuss how to keep your mouth, teeth, and gums clean and healthy. A drop-in session will follow the workshop from 12-1pm. Booking is required.

TELEPHONE

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Map and directions

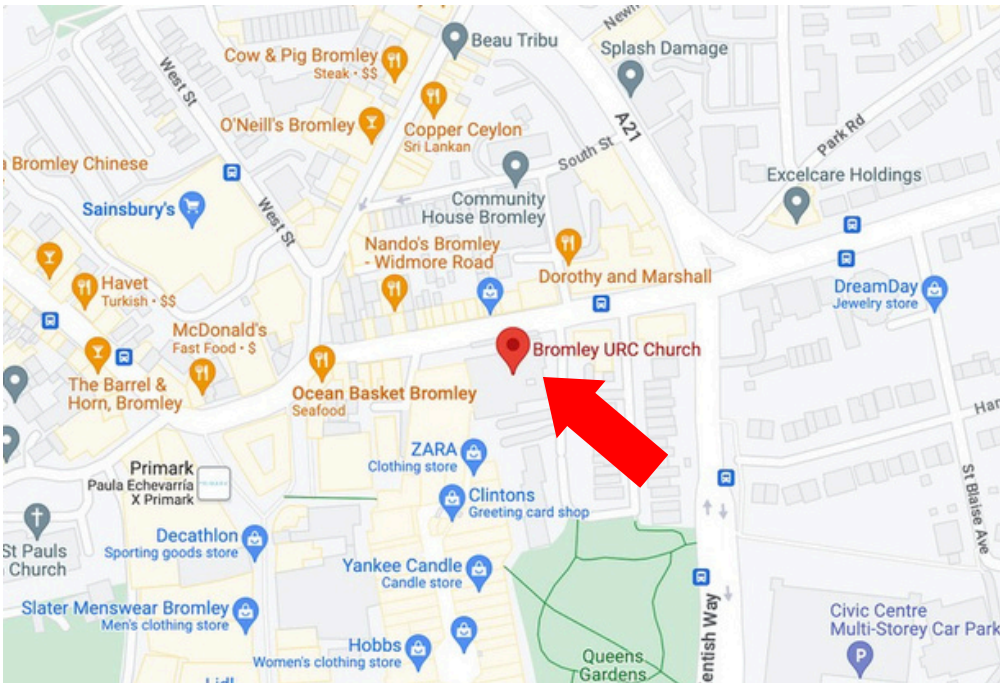
Bromley United Reformed Church, 20 Widmore Road, Bromley, BR1 1RY



The church is located next to Boots the Chemist in the centre of Bromley. The following buses all stop outside the front door or nearby:

Buses: 61, 119, 126, 138, 146, 162, 208, 227, 246, 261, 269, 320, 336, 352, 354, 358, 367, 638.

Trains: Bromley North and Bromley South stations are both a few minutes walk away.



Our goal is to empower individuals with physical disabilities to reach their full potential and lead independent and fulfilling lives. Through our workshops, we are committed to helping people do just that.