

Newsletter



Issue 10



Email
robert.morgan@bromleywell.org.uk



or
call 0208 466 0790



to speak to Rob about the service

Delivered by:



Bromley Third Sector Enterprise

Funded by:



Clinical Commissioning Group

We support people who have a learning disability or learning difficulty through one-to-one appointments, assisting in meetings or contacting organisations.

Our approach is to run a person-centred service giving information, guidance and support. We aim to respond to a new referral within three working days. The Learning Disability Pathway has recently supported in such matters as health assessments, benefit tribunals, new benefit applications and housing applications.



Outreach

We run outreach sessions in Cotmandene and Mottingham 2pm – 4pm on alternate Wednesdays. If you would find it easier to meet us at one of these venues rather than at our office on Masons Hill, please let us know and we will allocate you a time. Or you can turn up on the day where we will see people on a first-come-first-served basis.

We also continue to run sessions from Bromley Jobcentre Plus on Thursday afternoons, meeting people or supporting at their appointments. If you'd like to meet us there, or have an appointment you would like support at, please ask your work coach or advisor and they will make you an appointment with us.

Monthly Workshops and Drop-ins

We had two more workshops over the summer and we were very pleased that so many people joined us for our Saturday mornings despite the hot weather. Plenty of drinks were on hand!

In our July workshop we discussed Bereavement. It was a difficult subject to talk about but a very important one which affects us all so thank you to everyone who attended and to those who shared their experiences.



In August we looked at Fire Safety. We had our largest attendance yet for a workshop at The Lodge so thank you to everyone who came along. We discussed ways to make our homes as safe from fire as possible, what to do in an emergency and who to contact for a Free Fire Safety check in our homes.



We also had a visit from Bulent Djouma, the Bromley Safeguarding Adults Board Manager. Bulent spoke to us about our understanding of safeguarding and we completed questionnaires. This will contribute to the new Safeguarding Strategy which is being developed for Bromley.



Our next workshop will be 'Personal Safety' and we will discuss how to stay safe at home and in the community. Contact Rob Morgan if you would like any more information about the Learning Disability service on 020 8466 0790, mobile 07482 558 660 or email robert.morgan@bromleywell.org.uk

NEWS - Learning Disabilities

Blue Badges for People with Hidden Disabilities

Changes to Blue Badge eligibility came into effect on 30 August. These changes are designed to extend Blue Badge eligibility to include people with learning disabilities, autism, anxiety, and brain injury.

Justin Tomlinson, the minister for disabled people, said: *"It's unacceptable that people with hidden disabilities still face discrimination when using disabled facilities like parking spaces."*

Extending the Blue Badge scheme is a watershed moment in ensuring those with hidden disabilities are able to travel with greater ease and live more independent lives."

Here is a link to further information.

Unfortunately the government has not produced an easy read version of the new guidance. If you need any help to apply for a blue badge please contact me on 020 8466 0790.

<https://www.gov.uk/government/news/people-with-hidden-disabilities-can-access-blue-badges-for-the-first-time-from-today>

The Love Project

The Tizard Centre, at University of Kent, have researched the barriers that people with a learning disability can face in exploring their sexuality and having relationships, and the importance of good support. You can view two films that explore the subject [here](#)

TIZARD
University of Kent

Love is a wonderful feeling

Preventing Falls in People with Learning Disabilities

People with

learning disabilities have a similar risk of falls

throughout their lives as

older people. Falls and injuries are avoidable

causes of frailty and reduced wellbeing, in

addition to significant costs caused to health

and social care. Public Health England has

written new guidance about making

reasonable adjustments for people with

learning disabilities in relation to falls

prevention. This covers topics such as the

impact of falls, risk factors for falls, what works

in preventing falls and signposting to

resources and examples of good practice. You

can downline the guide [here](#)



Disabled Students Allowance

Over half of eligible students

miss out on extra financial

support. A report from the

Department for Education in

England reveals 60% of

eligible students had never

heard of Disabled Students'

Allowances (DSAs) – which

could make attending

university more achievable.

Many believe DSAs need

better promotion in schools so that they are

taken up by more students who do not realise

their access needs can be met.



Disabled students can get help with the cost of specialist equipment, such as a computer, non-medical helpers, personal support, travel costs, and other disability-related costs of studying. You can apply for Disabled Students' Allowances (DSAs) if you have a disability that affects your ability to study. This could be a learning difficulty, such as dyslexia, dyspraxia, or ADHD, a mental health condition, such as anxiety or depression, a physical disability or a long-term health condition.

<https://www.ucas.com/student-finance-england/disabled-students-allowances>

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2 Cotmandene Outreach Session	3 Bromley Jobcentre Support Session	4	5	6
7	8	9 Mottingham Outreach Session	10	11	12	13
14	15	16 Cotmandene Outreach Session	17 Bromley Jobcentre Support Session	18	19	20
21	22	23 Mottingham Outreach Session	24	25	26 Workshop and Drop-in	27
28	29	30 Cotmandene Outreach Session	31 Bromley Jobcentre Support Session			

For further details about any LD events on the calendar, please contact Rob by
email - robert.morgan@bromleywell.org.uk
phone - 0208 466 0790
or text - 0748 255 8660

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6 Mottingham Outreach Session	7 Bromley Jobcentre Support Session	8	9	10
11	12	13 Cotmandene Outreach Session	14	15	16	17
18	19	20 Mottingham Outreach Session	21 Bromley Jobcentre Support Session	22	23	24
25	26	27 Cotmandene Outreach Session + Workshop and Drop-in	28	29	30	

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