

Never Too Late is a new pilot Domestic Abuse service for women over 50 living in the borough of Bromley. It aims to minimise the risk of violence and abuse to older victims and survivors, while empowering them to feel safer, healthier, less isolated and more confident.

Never Too Late aims to:

- Reduce stress & isolation of victims
- Increase the self-confidence of victims

A specialist domestic abuse caseworker will provide bespoke support to victims of historic or current domestic abuse through facilitating coffee mornings in a community setting, to include workshops on specific relevant topics. In addition, the project will deliver awareness-raising activities via resources and marketing materials to work towards overcoming the barriers faced by older women in accessing support.

The support provided will focus on a series of overarching themes to help tackle barriers like social stigma, accessibility concerns and family dynamics, including: why it is hard to leave & the sense of guilt, families and children, boundaries, self-care, coping with grief, fear and guilt, coping with anger, introduction to assertiveness, and healthy relationships. Through peer support there will also be a strong emphasis on creating support networks and reducing isolation. The project will also provide a much-needed referral pathway to outreach or refuge support services to support long-term recovery.

We hope the Never Too Late Project will reduce the need for crisis-intervention services in Bromley and increase partnership work and shared learning in the borough.

Referrals will be open from October & referral forms are available from our website.

