

FIRST AID WORKSHOP

Learn how to handle emergencies and injuries
with the British Red Cross



Monday 13th May



11am to 1pm



**Bromley United Reformed Church,
20 Widmore Road,
Bromley, BR1 1RY**

First aid is the help given to someone who is injured or ill to keep them safe and to cause no further harm. The British Red Cross training will cover a range of life-saving skills and what to do in an emergency. Refreshments provided. Booking required.

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Map and directions

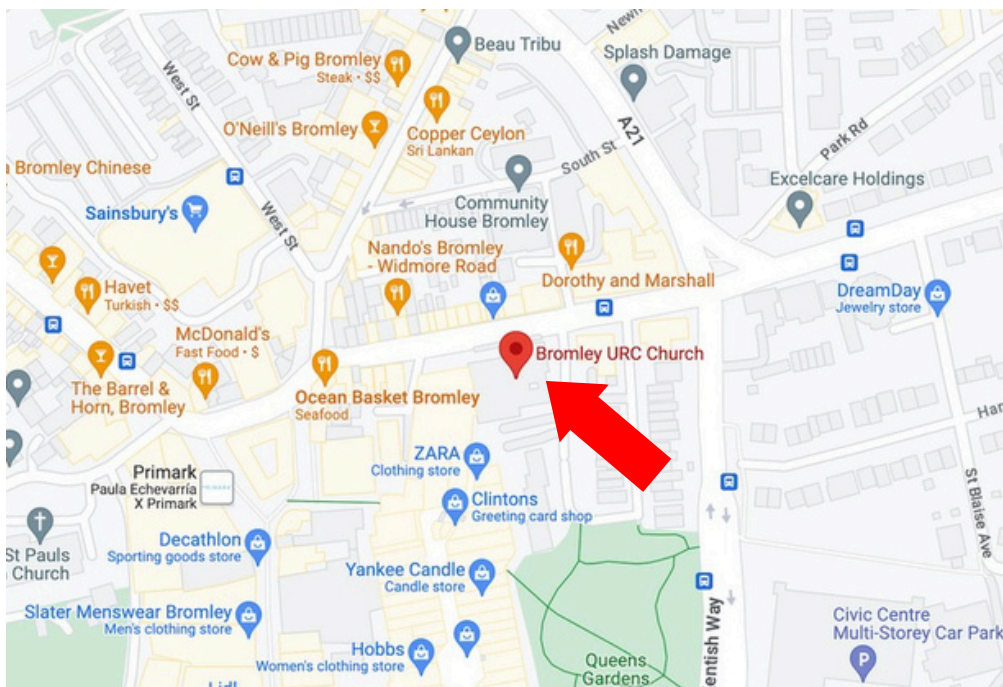
Bromley United Reformed Church, 20 Widmore Road, Bromley, BR1 1RY



The church is located next to Boots the Chemist in the centre of Bromley. The following buses all stop outside the front door or nearby:

Buses: 61, 119, 126, 138, 146, 162, 208, 227, 246, 261, 269, 320, 336, 352, 354, 358, 367, 638.

Trains: Bromley North and Bromley South stations are both a few minutes walk away.



Our goal is to empower individuals with physical disabilities to reach their full potential and lead independent and fulfilling lives. Through our workshops, we are committed to helping people do just that.