

Newsletter



Issue 5



Email

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or
call 0208 466 0790



to speak to Rob about the service

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Clinical Commissioning Group

Referrals: We have now been running the service for a year and we are proud of what we have achieved. We have seen a lot of people use the service on many occasions and have been able to help many people with a learning disability, learning difficulty or autistic spectrum disorder. I have met a number of groups for people with a learning difficulty or disability and will continue to travel the borough to spread the word about the service and what it can do for you.

Monthly Workshops and Drop-ins

We have completed our workshops on technology and had some useful feedback on our new Facebook Group. After understandable concerns about online safety, we have decided that this group will be a 'Secret Group' for members only. Please contact Rob Morgan if you would like instructions on how to become a member of the group for updates on our workshops, material and useful news as well as contacting other members of the group. We will be using our next two workshops to review the topics we have covered over the year and to make sure everyone is prepared for Christmas.



Outreach

Our outreach sessions continue in Cotmandene and Mottingham on alternate Wednesdays. Spaces are first-come-first-serve and we have been getting busier so I recommend that people get there early!

I have also been running sessions from Bromley Jobcentre Plus on Thursday afternoons, meeting people or supporting at their appointments. If you would like to meet me there please ask your work coach or advisor and they will make you an appointment with me.

I have begun a new outreach session on Mondays at Community House on South Street (in central Bromley). I will be in the reception area on Monday mornings and will be able to talk over any problems you might be facing, concerns you have or to read through any letters you might want me to look at. There is no need to make an appointment, just come along and look for me!

Coffee Morning

Immediately after the Community House drop-in, just before midday, I will be in the Community Café in Community House. This is a great opportunity for anyone who would like to meet other people with a learning difficulty, learning disability or autistic spectrum disorder. Call or email Rob Morgan if you would like any more information about the Learning Disability service on 020 8466 0790, mobile 07482 558 660 or email robert.morgan@bromleywell.org.uk



Cotmandene Community Resource Centre



NEWS - Learning Disabilities

Dimensions Learning Disability and Autism Leaders' List 2018

Keep an eye out this December for the winners of The Learning Disability and Autism Leaders' List 2018. It will be published on the International Day of Disabled Persons, containing interviews with 10 handpicked individuals.

One known winner of this award is Ursula, who lives in Exmouth with her carer Lesley Waller. Ursula has been making the headlines in the national press as she is learning to read aged 88.



She said she hid her illiteracy throughout her working life, and at home counted on others to write cheques, read utility bills and even translate road signs. Until in her late 80s, Ursula had never voted, written a letter or filled in a form.

There are many people like Ursula who have not been given the opportunity to achieve goals that others take for granted and it is very inspiring that Ursula has had the drive to make this happen. You can read the full story here:

<http://sharedlivessw.org.uk/we-celebrate-nominations-and-a-winner-in-the-learning-disability-and-autism-leaders-list-2018/>

Dyslexia Awareness Week

The start of October saw us focus on dyslexia, a learning difficulty that affects around 15 percent of people in the UK. It is a specific learning difficulty, which means it causes problems with certain abilities used for learning, such as reading and writing, although it is not linked to intelligence.

Many of the greatest minds in history are thought to have or have had dyslexia including;

Leonardo da Vinci, Walt Disney
Albert Einstein, John F Kennedy,
George Washington, John Lennon,
Pablo Picasso and Steven Spielberg.



One of the main themes of this year's Dyslexia Awareness Week was Assistive Technology. Various tools have been championed, such as 'speech-to-text' software which relieves the writer of much of the need to spell and 'screen-reading' software which can voice highlighted text on a screen.

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 Community House Coffee Morning	4	5 Mottingham Outreach Session	6 Bromley Jobcentre Support Session	7	8 Workshop and Drop-in	9
10	11	12 Cotmandene Outreach Session	13 Bromley Jobcentre Support Session	14	15	16
17	18	19 Mottingham Outreach Session	20 Bromley Jobcentre Support Session	21	22	23
24	25	26	27	28	29	30
31						

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7	8	9 Cotmandene Outreach Session	10 Bromley Jobcentre Support Session	11	12	13
14	15	16 Mottingham Outreach Session	17 Bromley Jobcentre Support Session	18	19	20
21 Workshop and Drop-in	22	23 Cotmandene Outreach Session	24 Bromley Jobcentre Support Session	25	26	27
28 Community House Coffee Morning	29	30 Mottingham Outreach Session	31 Bromley Jobcentre Support Session			