

ORAL HEALTH WORKSHOP AND BLOOD PRESSURE CHECKS

Find out about the importance of good oral health
and how to develop healthy habits.



Monday 2 September



10am-12pm



Bromley Scout Hut,
15 Prospect Place,
Bromley, BR2 9HL



We will be joined by Oral Health Specialist Louise Martin to discuss how to keep your mouth, teeth, and gums clean and healthy. We will also be offering free blood pressure tests for 'Know Your Numbers Week.' Booking is essential.

Please contact us by telephone or email to book your place.

PHONE

020 8466 0790

EMAIL

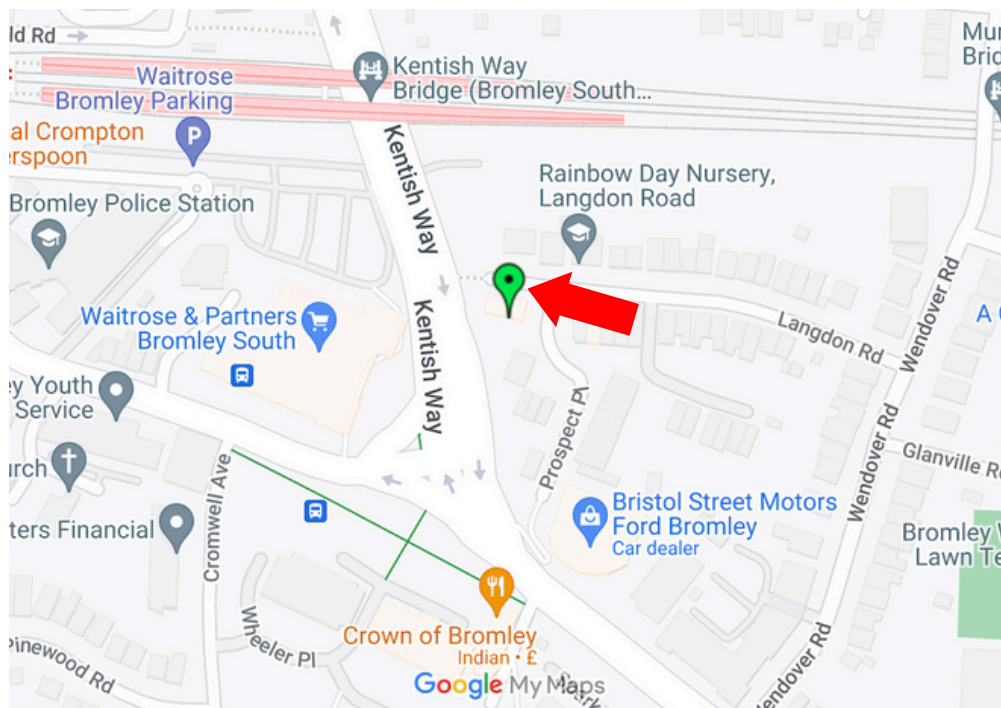
Chetan.raval@bromleywell.org.uk

MAP AND DIRECTIONS

Bromley Scout Hut/Shop, 15 Prospect Place, Bromley, BR2 9HL



The Bromley Scout Hut is a short walk (about 7 minutes) from the Bromley Mencap office.



Our goal is to empower individuals with learning difficulties to reach their full potential and lead independent and fulfilling lives. Through our workshops, we are committed to helping people do just that.