

**Bromley**

**Well**

# POST DISCHARGE SETTLING SERVICE

Open to people aged 55 and over

**Bromley Well** provides a free, post hospital discharge settling service which is available by professional referral Monday-Friday 9am-5pm.

## How can we help?

We support vulnerable or mildly frail, older people from the age of 55 who live alone in the community or do not have anyone who can provide them with adequate support or assistance.

We provide a 'light-touch service', typically one x 3 hour home visit, focussing on settling the client back into their home after discharge from hospital and aiming to prevent readmission.

- Companionship, conversation, reassurance, and confidence building
- Help people adjust to being at home
- Help people identify and access further support that might help by signposting or referring onwards.

**Please note:** No personal care is provided by our assistants.

## To use the service:

Available by **professional referral only**. Health or social care professionals can contact us Monday-Friday, 9am-5pm: [pdss@bromleywell.org.uk](mailto:pdss@bromleywell.org.uk) or call 07983 902432.

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