

**Bromley Well** provides dedicated support to Young Carers aged 4 to 19 to help them manage caring relationships whilst enjoying childhood.



## How can we help?

- Opportunities to meet with other young carers, have fun, discuss any worries & try out new activities
- Emotional support
- Support to access counselling
- Training courses
- Workshops
- Online support
- Peer support groups
- Leisure activities
- A Young Carers Forum
- Support for preparing for adulthood

We have a Young Carers App and newsletter to help bring Young Carers together and learn more about activities available.

**For queries about the service, contact our Young Carers team on 020 8466 0790 or email [youngcarers@bromleywell.org.uk](mailto:youngcarers@bromleywell.org.uk)**

**Freephone**

**0808 278 7898**

**[www.bromleywell.org.uk/refer](http://www.bromleywell.org.uk/refer)**

Once we receive your referral, our Young Carers Team will contact you to arrange a meeting.

 **@bromleywellyoungcarers**

 **@bromleywell\_YC**

 **@bromleywellyoungcarers**

Service delivered by:



Incorporating Bromley Scope

Funded by:

