

BWYC

Bromley Well Young Carers

Bromley Well
Young Carers
App

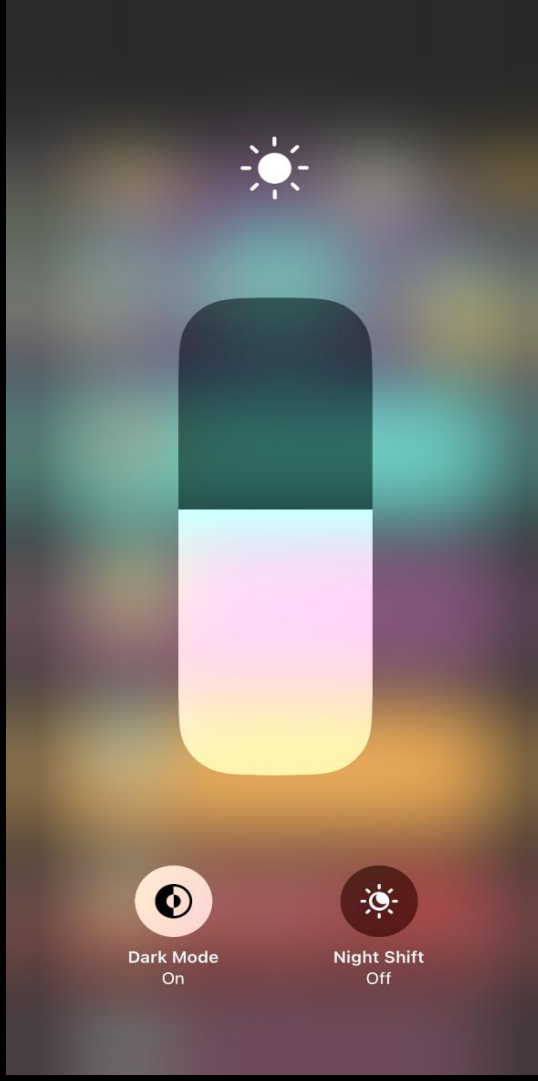
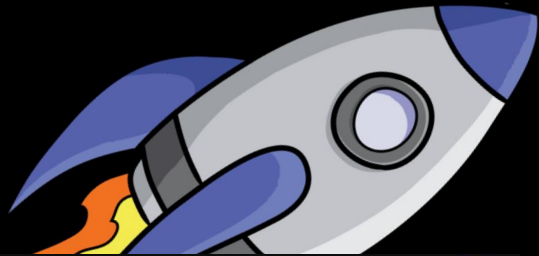


- To Download the app search BWYC or Young carers into the App store or Google play store.
- To gain full access to the app, Young Carers need log-in details. They receive this from the Young Carers team at an initial assessment (visit)

BWYC



The app has a simple layout for Young Carers of all ages to use.



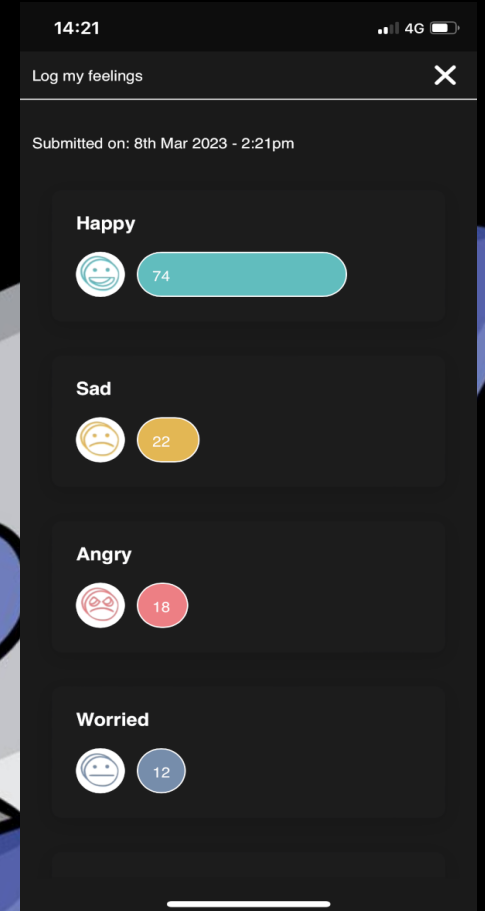
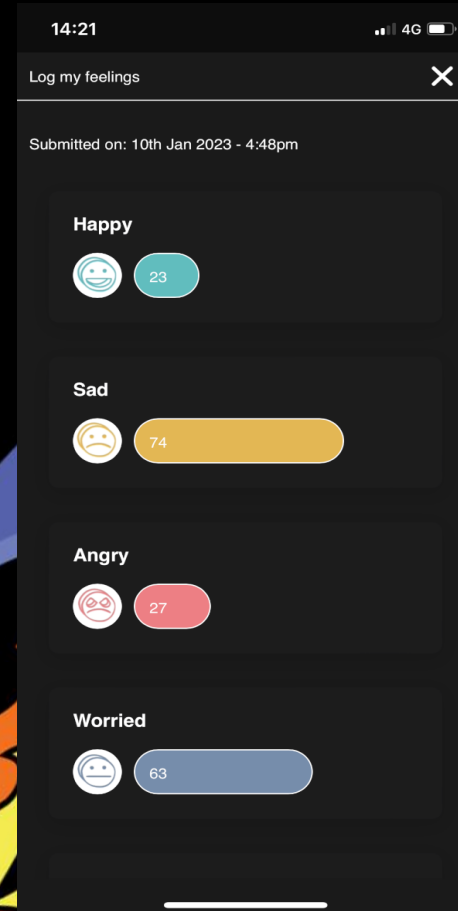
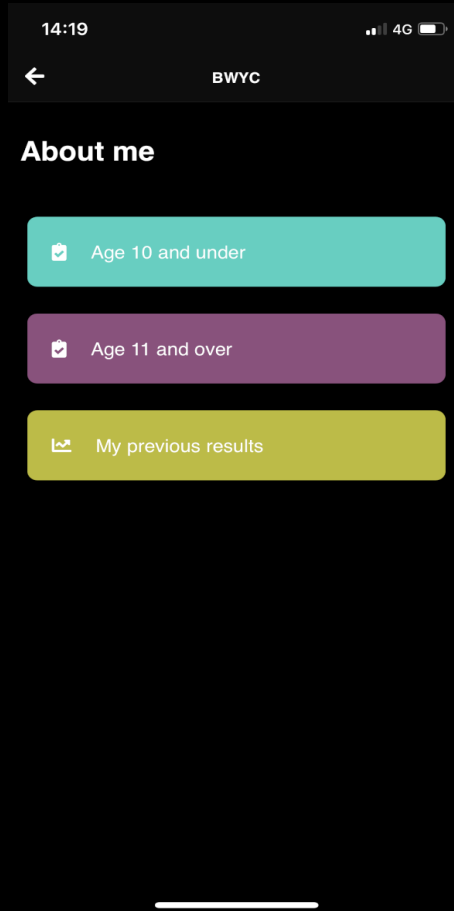
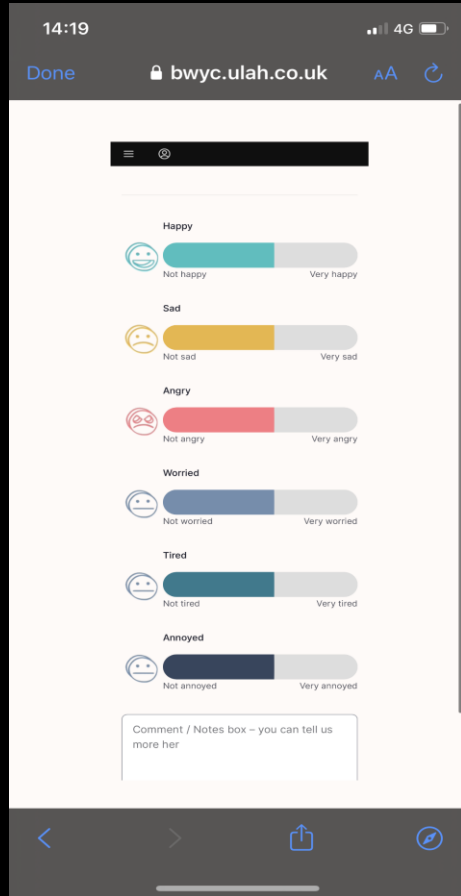
Log my feelings

Slide the bars to match how you feel

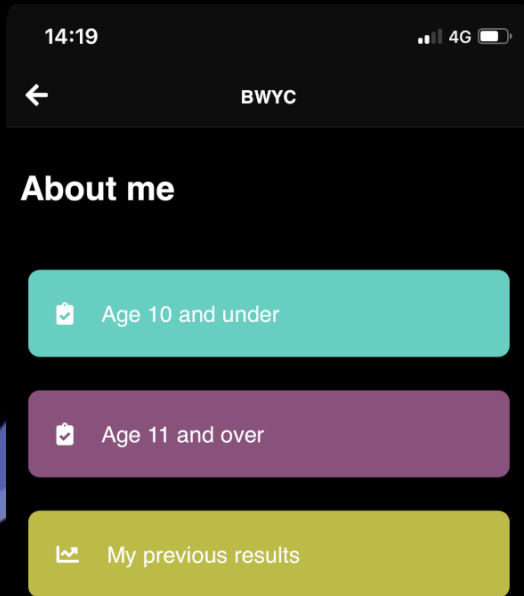
Going to the 'about me' section allows you to see previous results

For example on January 10th I scored 23 for happy – quite low it must have been a bad day!

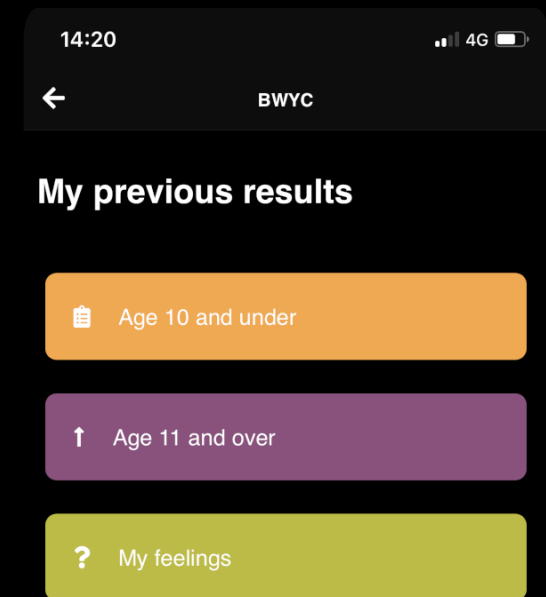
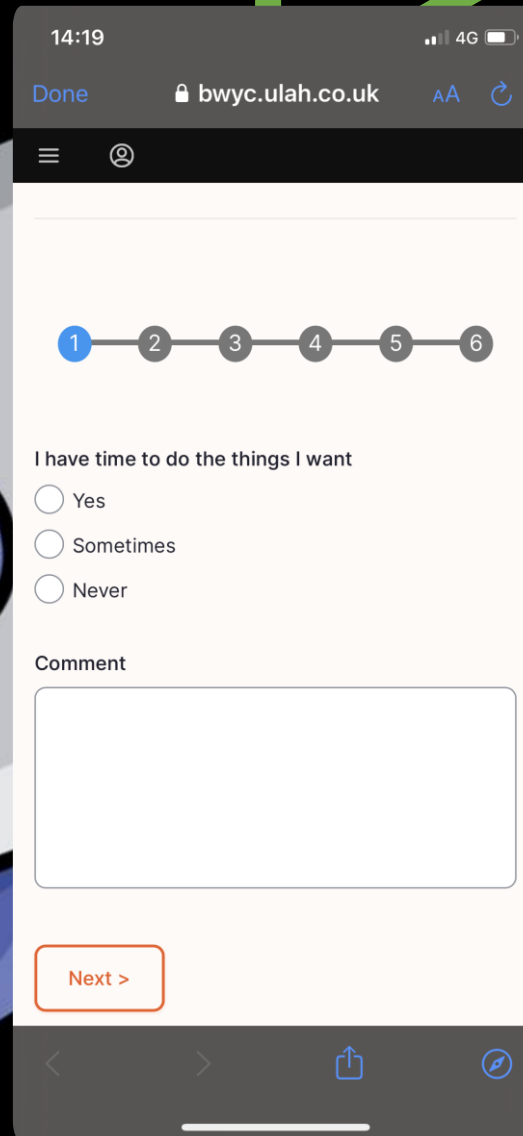
But on March 8th I was much happier – 74!



About me questionnaires

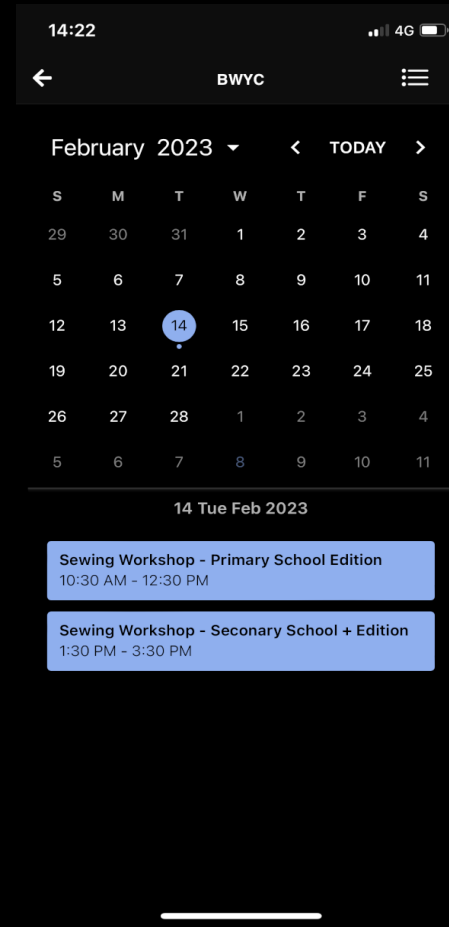


The about me questionnaire is now age specific to offer more tailored questions for our younger and older age groups.



The 'my previous results' section allows you to access all the results of questionnaires you have completed – this can be used for comparing your answers over time.

Activities Calendar

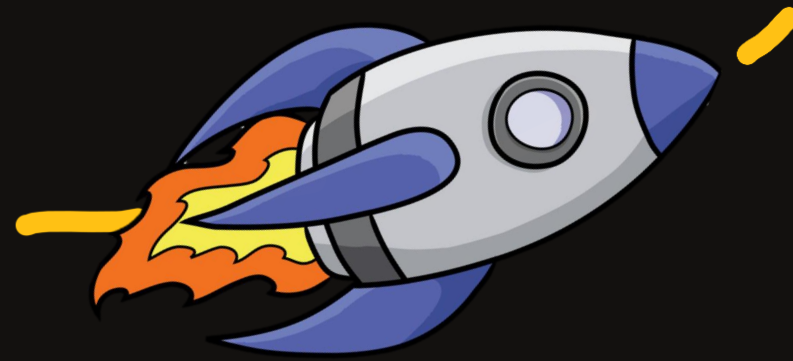


- Here is the calendar where a blue dot indicates a BWYC event for example the sewing workshop shown here.
- This will allow users to be aware of what events are coming up without having to keep on top of emails!

- Notifications 1 NEW
- Activities calendar
- Forum
- How can we help you?
- Contact details

Forum/Chat Area

The Forum is a space for anyone to ask questions and share tips and experiences on being a Young carer.



Joe's kitchen

Enchiladas with fresh salsa and sour cream



Submitted by [Louise Kelly](#) on Tue, 17/01/2023 - 14:44

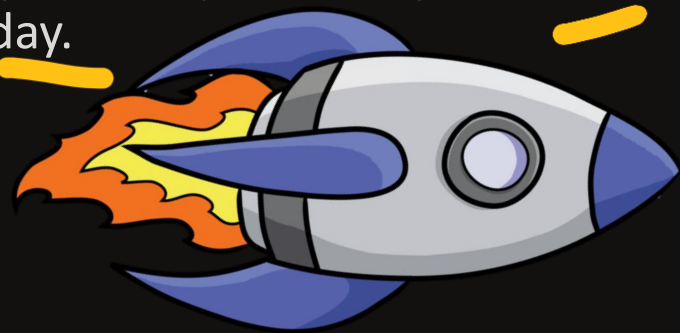
Looks good!

Submitted by Louise Kelly on Tue, 17/01/2023 - 14:44



How can we help you?

- This page includes a bit about our service and what we do
- Also, there is a new message us function which allows you to contact us. This tab will NOT be monitored 24 hours a day. We have also included details here on services that are available to support you with your safety 24 hours a day.



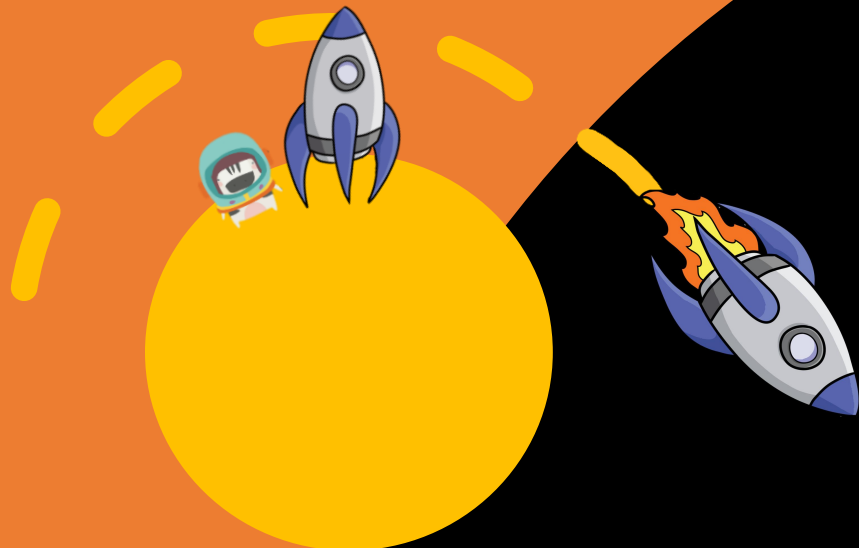
How can we help you?

Carers aged 4 to 19 to manage caring relationships whilst enjoying childhood.

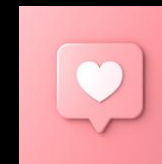


Our service employs two full-time Young Carer Workers and provides:

- Opportunities to meet with other young carers, have fun, discuss any worries and try out new activities
- Emotional support
- Counselling by a professional counsellor
- Training courses
- Workshops
- On-line support
- Peer support groups
- Leisure activities
- A Young Carers Forum
- Support for preparing for adulthood



We ask that Young Carers keep notifications turned ON.



This helps us to send reminders about when an 'About Me' self assessment is due and also what fun activities and workshops we have coming up!

Getting logged on

Young Carers receive log-in details from a member of the Bromley Well Young Carers team at an initial home visit or a 1-1 session!